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AF Outstanding Unit - 2000, 1985, 1979

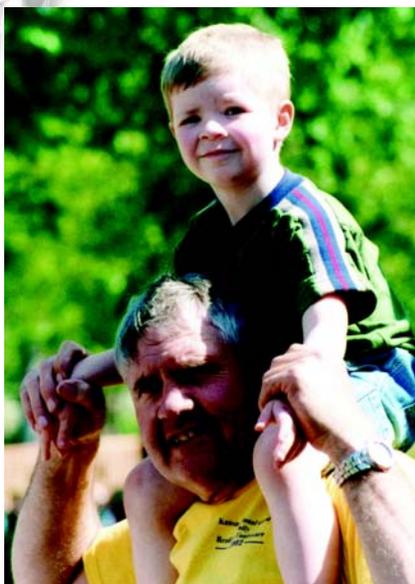


THE COYOTE LOG

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Family Gathering at the Zoo

Saturday, May 4th brought the 190th Family Gathering at Topeka Gage Park and Zoo. Around 450 people enjoyed free admission to the zoo, mini-train and carousel rides. A hamburger, hot dog, BBQ dinner with all of the trimmings, including ice cream bars catered by Abouds finished off the day. Volleyball was available for those who wanted to exercise their competitive skills. Debbie Rose won a quilt made by the Quilting Guild of Liberal Kansas. Raffle tickets were sold ahead of the drawing. Mike Hodges, James Robbins and Jennifer Dougherty won \$10.00 gift certificates to Wal-Mart. Frank Hernandez won the door prize of a one-night stay at Amerisuites in Topeka. A special, BIG thank you goes to the following volunteers: Dixie Herken, Tanya Wagner, Susan Forrest, Judy Arnold, Shelly Harmon, Ann Criger, Gerry Stalbaumer, Larry White, Marcie Gwaltney, Kay Frantz, Marilyn McCann, Barbara and Bill Nyquist, Jennifer Kern, Janet Dunn, Kevin Remey, Ed Williams, and Steve Anderson. These people were there and ready to make sure everyone had a great time, and helped in keeping it organized. Rick Jellison's support and help in organizing events is always appreciated. Also thank you to John Hutter, Ben Sisson and Archie Johnson for their participation in getting requested items pulled together and organized to help get



SMSgt Gerald L. Stallbaumer provides Hunter Terrell a better view of the park.



the day organized and up and running. It takes great people like you volunteering your time and talents for the rest of us to enjoy special family events being offered.

THIS IS YOUR FAMILY READINESS PROGRAM....

If you would like to volunteer your time and talents, please call Jeanne White 861-4940. We have a place for you!!!



Photos by MSgt Johnnie Johnson

Commander's Comments



LTC Gregg A. Burden
Maintenance Group Commander

This UTA weekend will be a special and memorable time for me and two other commanders, Lt Col Debbie Rose and Lt Col Dennis Lawlor, when all three of us get promoted to Colonel. It is a great honor and privilege for the three of us to represent this great unit and lead such outstanding organizations and people. I want to invite all of you to our promotion party on Saturday afternoon, June 1, along with our friends and family to celebrate this special day in our military career.

As I look forward to this milestone in my career, I reflect and wonder how I got to this point. With over 20 years of military service how did I get to where I am today? Was it being in the right place at the right time? Was it luck? Was it the good ole boy system that allowed me to move up and progress? I don't have the answers to these questions because I had no control over the outcome. But I do have control over many other aspects of my career that I believe helped me (and can help you) progress in your military career. These include:

1. Most importantly, do your job and do it well. Always strive to be the best. Do it right the first time and do it safely. Be the resident expert, the one that people go to for answers.
2. Take advantage of training opportunities. Take advantage of any training that allows you to do your job better or improves your skills. The military provides tremendous opportunities that can enhance both your military and/or civilian career.
3. Complete your Professional Military Education (PME)!!! Try to accomplish this as early as possible. Take advantage of in-residence training if possible; it can be a tremendous experience. Whatever the method, get it done!
4. Special assignments and jobs. All of us are focused on doing our job and accomplishing the mission. But going the extra mile and getting involved with new projects will expose you to new people and opportunities while improving your organization and community.
5. Select good role models. These are the people you respect, who care about the mission and its people and always set a good example

By doing these things, I have always been in a position to take advantage of the opportunities presented to me. I have worked hard over the years to do my job well. I have taken advantage of training offered to me. I've done my PME, worked on numerous special projects, and have been fortunate to have had tremendous mentors and role models who guided me throughout my career.

While doing these things is no guarantee that you will get the promotion or the job you want it will position you for opportunities that do come your way. Remember, the 190th Air Refueling Wing is a great organization with many wonderful opportunities. Throughout my career I have done whatever was necessary to be in a position to take advantage these opportunities. Have you?



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190th ARW Receives Shining Star Award

By Stephen D. Larson

The 190th Air Refueling Wing recently received the Shining Star Award from the Volunteer Center of Topeka. The awards are given annually by the Volunteer Center, the City of Topeka and Shawnee County Commission to recognize individuals and groups that have improved the quality of life in the community through their volunteer service. The award was presented at a ceremony at the Kansas Expocentre's Manor Conference Center on Friday, May 10th.

Big Brothers/Big Sisters of Topeka nominated the 190th ARW for the unit's volunteer service to the organization's "Everybody Wins" reading program. During the school year, 22 volunteers from the 190th have each given one hour a week to read to and serve as mentors to children in grades 1 through 6 at Pauline Central and Pauline South Elementary Schools. In all, 190th volunteers have given over 600 hours of their time this school year.

In addition to receiving general recognition, the unit was singled out for special recognition in the Neighborhood Services category. The 190th received a check for \$1000, which the 190th will donate to the Big Brothers/Big Sisters "Everybody Wins" Reading Program.



The 190th Air Refueling Wing was nominated for the Shining Star Award by Big Brothers/Big Sisters of Topeka. With Colonel Rufus Forrest Jr (left) and Colonel Terry Fritz (at rear) of the 190th are Michael Donnelly (seated), executive director of Big Brothers/Big Sisters of Topeka, and Michelle Montgomery, also with Big Brothers/Big Sisters.



Colonel Rufus Forrest Jr, Commander of the 190th Air Refueling Wing, Kansas Air National Guard, accepts a Shining Star Award from the Volunteer Center of Topeka on behalf of the unit. From the left are Colonel Terry Fritz, 190th Vice Commander; Vic Miller, Vice Chair, Shawnee County Commission; Colonel Rufus Forrest Jr, and Topeka Mayor Butch Felker.



Name: SrA Robert Stockman
Organization: 190th Security Forces
Job Title: Aerospace Security Specialist.
Civilian job: Graphic Designer at the Kansas City Star.
Education: Bachelor of Arts in Studio Art, University of Missouri.
Goals and Ambitions: To live long enough to play with my grand children.
Hobbies and Activities: My Son
Most Memorable 190th Moments: Being Activated.
Achievements: My son



Photo by Staff Sergeant Becky J. Bodine

Marriage Enrichment Seminar



MSgt Robert A. Wesp (left) and SrA Andrew Piper (right), and their spouses, enjoying the Marriage Enrichment Seminar which was held at the Capitol Plaza Hotel in Topeka, Kansas. Photo by SMSgt Ivan Perez

On April 20th and 21st, the first ever Marriage Enrichment Seminar for 190th members and their spouses, was held at the Capitol Plaza Hotel in Topeka, 32 couples attended. A hospitality hour, individual couple pictures were taken, followed by a wonderful dinner. Beautiful music, presented by a quartet ensemble from the Shawnee

Heights High School Orchestra during dinner, set the mood for the evening. The guest speaker for the evening, Mark Hood, presented humor along with interesting advice to make marriages stronger. Marriage Therapists, John Zobel and Corey Schliep, directed the Sunday workshop. Everyone left the seminar with new ideas to maintain and communicate love, and gained positive patterns in maintaining healthy relationships with our loved ones. All enjoyed role playing, and information gathering activities. Door prizes and great meals topped off the day. We realize in order to have great families, it takes healthy, loving relationships from parents.





AIR NATIONAL GUARD

Together We Succeed

Year Of Diversity

MSgt Phil Mahan

“We have an American problem. It can only be solved by all Americans working together... I want you to find strength in your diversity.” – Colin Powell

With these words from General Powell, I encourage members of the 190th Air Refueling Wing to become involved in the Wing’s Human Resource Council. Colonel Forrest has made beginning the council again a priority. The name “Human Resource...” reflects his belief that utilizing everyone’s talents is one important component of our success as an organization.

Colonel Fritz will be kicking off the Council during the June UTA. Captain Riniker, MEO, will be a key member of the group. This first re-

organizational meeting will be held at 1000 hours in the Wing Commander’s conference room on Sunday of the June UTA, June 2d, 2002. If you can spend about an hour a month, typically Sunday mornings of the UTA, please contact your supervisor for permission to attend. Call or email Captain Riniker if you would like your name added to Human Resource Council.

The mission that I see the Human Resource Council operating by is “Understanding, accepting, utilizing, and valuing differences to effectively accomplish the 190th’s mission.” This mission statement may be one that the council wants to review and see if it truly reflects how we can best help all members of the 190th be successful contributing members of our unit. Other items important to the 190th will also be discussed at this reorganizational

meeting. Our Community Manager has taken an active role in organizing activities that include our family and components of the community. I would like to see this council assist in those efforts.

For “homework,” the following web sites would be appropriate reading on diversity matters as they relate to the Air National Guard:

ANG Internet for diversity – <https://airguard.ang.af.mil/cfh/>
NGB Joint Year of Diversity <http://www.ngb.dtic.mil>
ARNG Intranet for Diversity <http://guardnet.ngb.army.mil> (search “diversity”)
ARNG Public site for Diversity <http://www.ang.army.mil> (search “diversity”)

As time permits, I will be visiting the various work centers on base and sharing

more information pertinent to all members of the 190th. I look forward to meeting you.

Twenty members of the 190th met during the April 2002 UTA to plan a sponsorship program for new members of our 190th Family. They are collaborating on ways in which we can best utilize the newest members of the wing.

During the May UTA, we had fifteen members of the 190th to participate in the Mentoring Program that is slated to begin formal training in July. Major Bruce Stewart and Chief Hank Branch are POCs.

These latest initiatives will help ensure a well trained and motivated force for the Air Guard’s Future.

Thanks to all for your participation!

Adjutant General, State VIPs Visit Troops in Germany

By Maj Rick Jellison

190th Community Manager

With our State Legislators on a break for two weeks, we took advantage of an opportunity to show several of our state legislators what our fellow Kansas Guardsmen are doing in support of our nation's defense, world-wide. The group left from Forbes Field on a 190th Air Refueling Wing tanker for Germany on April 18,

group of legislators met soldiers at a German firing range and ate MREs (Meals Ready to Eat) for lunch alongside them. The legislators also got to experience firing an M16 at the range.

Representative Lisa Benlon said "The most heartwarming and peaceful feeling was to look into the faces of these young men and women and see their appreciation that we cared to visit". They talked about what was going on in the state, how they were coping with being so far from home and to thank them for the service they are providing. During the trip, we also met with Kansas Air National Guardsmen and women. The "Kansas Coyotes" airmen and women continue to define the standard of excellence. Although this deployment for the 190th is short in duration, the members of the 190th are called upon throughout the year to support missions world-wide.

Lt. Governor Gary Sherrer said it best, "We'll take the story of how well you all are doing here home to Kansas". He went on to say how proud we all are to know our Kansas Guardsmen are playing such an important role in the defense of our nations assets.

The sacrifices that these and other guardsmen continue to make following the events of September 11th will not be forgotten. The entire group of

legislators gained an invaluable insight into the commitment our guardsmen make each day.



2002, and returned on April 23rd.

The group of distinguished visitors included Lt. Governor Gary Sherrer, Representatives Lisa Benlon, Tom Sloan, Senators U.L. "Rip" Gooch, Jean Schodorf, Chris Steineger and Ruth Teichman. Major General Gardner and Brigadier General Small, State Command Sergeant Major Rodina and myself escorted the group through Europe.

The events of 11 September, 2001 have not only affected the Active Duty components with an increased mission posture, it has also affected guardsmen and reservists throughout the nation. Currently members of the 1st Battalion, 137th Infantry are tasked with providing force protection for several locations throughout Germany. Members of the 190th were also serving duty in Germany in support of the Foreign Military Sales Program, refueling NATO AWACS.

The purpose of the trip was to help the legislators become educated about the Kansas Army and Air National Guard programs. We had briefings from several individuals including a senior officer from NATO and officers from the European Command whose responsibilities cover Europe and Africa. More importantly we came to meet as many of the 400 Kansas Army and Air National Guard soldiers and airmen assigned to the area as possible. We visited nine different locations in five days to greet Kansans.

While visiting Army Guard soldiers we traveled to the locations where the soldiers were posted. At one destination, the



State Legislators visit a German Firing Range and had the opportunity to fire an M16 while visiting the site. Photos by Major Rick Jellison





SRA

James L. Carter, OSF
 James A. Elliott III, CES
 Sherry L. Fincham, SVC
 Zachary G. Hanks, Maint
 Shirley J. Lindroth, SVC
 Christopher S. Roller, LGS
 Ryan T. Sipes, SVC
 Joel M. Suarez, SFS



SSGT

Eric L. Frye, Maint
 Lea A. Horton, SVC
 Robert M. Morse II, Maint
 Marci D. Solander, LGS



TSGT

Shad L. England, Maint
 Gary A. Holliday, CES
 Kevin L. Howland, SVC
 Lanard A. Paden, OSF

MSGT

Peggy S. Becker, MSF
 Ronald G. Justvig, LGS
 Chelle R. Price, Maint

SMSGT

Michel W. Horton, MSF



CMSGT

Dean E. Jost, SFS

LT COL

Derek P. Rogers, ARW

COL

Gregg A. Burden, LG
 Dennis P. Lawlor, Med Sq
 Deborah S. Rose, SP GRP

OPTOMETRY CLINIC

The Optometry Clinic will be open Saturday June 1st from 0830-1130 and 1230-1400 for walk-ins or appointments to get gas mask inserts ordered. With upcoming deployments we would encourage all personnel who wear glasses please check with your UDM'S to see if you have gas mask inserts. If your eye glass prescription has changed within the last year you need to replace your gas mask inserts. It is required to bring in a copy of your current prescription to your appointment. Please call SSgt Sherry Hertlein at 861-4521 to schedule an appointment. Walk-ins will be on a first come, first serve basis after scheduled personnel have been seen.

**Career of the month
 Personnel Specialist**

This position allows members to work directly with other service personnel and their families. Personnel specialists collect and store information about the people in the military, such as training, job assignment, promotion, and health information. Responsibilities include organizing, maintaining, and reviewing personnel records, maintaining personnel information using various computer software, assisting personnel and their families who have special needs, and providing information about personnel programs and procedures to service men and women.

School: Keesler AFB, MS
 5 weeks, 4 days
 ASVAB: Administrative - 45
 AFSC: 3S0X1

Saturday, June 1

BBQ Riblets,
 new red potatoes,
 fried okra,
 corn;
 strawberry short cake.
 Short order:
 ravioli,
 french fries,
 cheese sticks.
 Salad bar.

Sunday, June 2

Roast beef,
 mashed potatoes,
 gravy,
 glazed baby carrots,
 texas toast;
 chocolate chip, peanut
 butter and/or white
 chocolate chip cookies.
 Short order:
 Turkey sandwiches,
 onion rings,
 and french fries.
 Salad bar.

Hotel for June
 Best Western



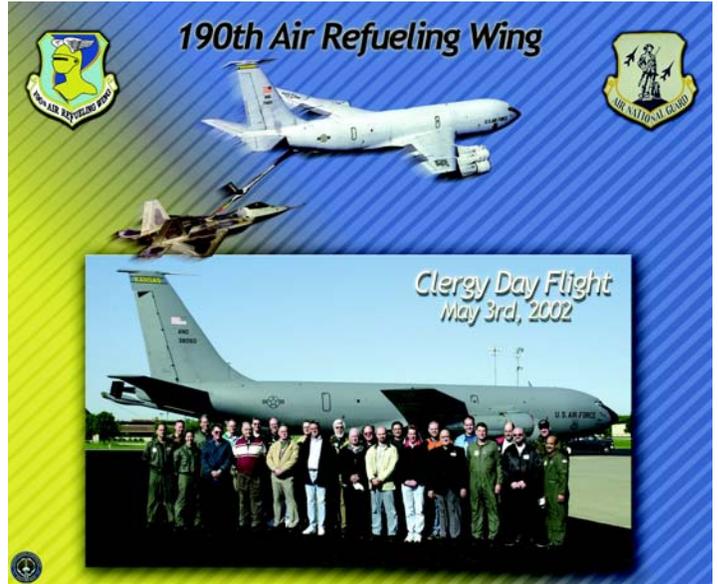
UPDATE YOUR FAMILY DATA!

Please take all necessary steps to ensure that your DD Form 93, Record of Emergency Data and DEERS data is current. Registering changes to family data is required within 30 days of the change-marriage, divorce, birth and death. To register these changes the appropriate certificate will need to be provided to Customer Service. Please call 4130 with any questions.





Above and below: Colonel Richard Seltzer is recognized at his retirement on May 5th, 2002.
 Photos by SrA Mandy Johnson



Above: Local Clergy pose for a photo before their flight.



Left: Chaplain David Fulton with his son Ben.
 Photos by MSgt Shawn Gamber

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